

[Contact Us](#) | [Advertise](#) | [About Us](#) | [Work for Us](#) | [Email Subscription](#) | [Print Ads](#) | [FAQ](#)

# Loudoun Times-Mirror

TimesCommunity.com

[News](#) [Entertainment](#) [Real Estate](#) [Calendar](#) [Classifieds](#)

[Home](#)

[Loudoun News](#)

[Clarke News](#)

[Fairfax News](#)

[Fauquier News](#)

[Prince William News](#)

[Rappahannock News](#)

[Culpeper News](#)

[Alexandria Times](#)

[RSS](#)

NEWS SEARCH 14 DAYS

[go](#)

[Archives](#)

## Give thanks for those who help

By Lynn Wolstenholme  
11/26/2003

[Email to a friend](#) [Post a Comment](#) [Printer-friendly](#)

**Most people who retire after working all their lives spend their time off traveling, pursuing new hobbies or simply relaxing. Joy Trickett chose to spend her retirement years doing something else.**

After she retired from her job as a financial manager for the federal government, Trickett took up a new job that takes at least 50 hours out of her week and for which she doesn't get paid. She volunteers for numerous organizations and groups that give back to the county, where she has lived in her entire life.

Saturday morning Joy was found in the basement of Christ the Redeemer Catholic Church in Sterling, filling one of her many roles: volunteering with LINK during their annual Thanksgiving Food Basket event. Trickett has worked with the organization and event for about 20 years.

LINK, an all-volunteer emergency support organization in Northern Virginia, is made up of churches in Herndon and eastern Loudoun that provide food, financial assistance and furniture to qualified people in need.

The basement of Christ the Redeemer had been converted into an ad hoc grocery store, where those in need from eastern Loudoun and Herndon could come to get food to host their own Thanksgiving dinners.

Seventy to 80 volunteers helped the expected 350 needy people by filling grocery baskets, loading cars and keeping the flow down – all with Trickett at the helm, helping with check-in and registration.


"She is great," said Carol Lavery, a 10-year volunteer for LINK. "I don't know what we would do without her."

Trickett not only volunteers and co-manages the Holiday Food Basket program during Thanksgiving and again at Christmas. She also is a member of LINK's board, the board chair for the Good Shepherd Alliance Emergency Homeless Shelters, deaconess at Dranesville Church of the Brethren and member of the Great Falls Ecumenical Council.

"On any given day, you might find her in the Good Shepherd thrift store in Sterling, working with her staff, or writing a grant proposal, or interfacing with other sister organizations like the Clothes Closet and Loudoun Interfaith Relief," said Mark Gunderman of LINK.

"At other times, she's soliciting donations for the homeless shelters or Habitat for Humanity, or gathering food to feed the homeless, or accepting and delivering furniture donations," added Gunderman.

Trickett sees volunteering as something she needs to do.

 Times-Mirror Staff Photo/Chris Wisecarver<BR>JOY OF THANKSGIVING: Joy Trickett walks someone in need through the registration process Saturday morning at the LINK Thanksgiving Food Basket, which is in the basement of Christ the

Times-Mirror Staff Photo/Chris Wisecarver  
JOY OF THANKSGIVING: Joy Trickett walks someone in need through the registration process Saturday morning at the LINK Thanksgiving Food Basket, which is in the basement of Christ the Redeemer Catholic Church

"It is very scriptural," said Trickett. "We are supposed to help those who can't help themselves."

In these trying times, Trickett sees the great need for helping others. She takes joy in seeing you people helping out. She took time out of her busy schedule Saturday to stop and talk to the children who were helping at the Thanksgiving Food Basket, asking how old they were and when they went to school.

"She is an energetic, God-loving woman who leads by example," said Gunderman. "When Joy calls on people to help, they come running and respond immediately. There is something electrifying about Joy. She is all about love. People know she is the real deal."

Trickett does not plan on 'retiring' from volunteering any time soon.

"There is an age when you have to slow down," said Trickett. "People should be up, active and working until they are gone. I have a ways to go yet."

©Times Community Newspapers 2007

[✉ Email to a friend](#) [📄 Post a Comment](#) [🖨 Printer-friendly](#) [↑ Top](#)





[Click here](#) to send us your community news, events, letters to the editor and other suggestions. [Click here](#) to read our priv



Copyright © 1995 - 2007 Townnews.com All Rights Reserved.